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AIDS *Communique*

HIV/AIDS TEACHER TRAININGS

The Office of Public Instruction's regional training program continues to conduct HIV/AIDS teacher trainings throughout Montana. For more information concerning the regional trainings, contact the OPI HIV/AIDS Education Program.

1992-93 HIV/AIDS TRAININGS

The foci for the 1992-93 school year teacher trainings will remain similar to present trainings. Additions and/or changes to presentations will include specific information regarding the Health Enhancement Accreditation Standards, homosexuality and homophobia in Montana schools, and classroom activities and strategies incorporating HIV/AIDS education in all curricular disciplines.

The incentives provided during the 1991-92 school year will continue in the upcoming year. They include: 5 recertification credits for participation in a 5-6 hour training; a full packet of HIV/AIDS education materials containing K-12 lesson plans, HIV/AIDS curriculum planning guide, policy guidelines, resource directory and an HIV/AIDS interdisciplinary supplement; and paid substitute costs for two educators who attend with an administrator or school board member.

The regional trainers are in the process of planning the dates and locations for trainings to be held in the 1992-93 school year. If your school district is interested in obtaining the services of an OPI HIV/AIDS trainer for a PIR day, please contact the OPI HIV/AIDS Education Program at 444-1664.

MAGIC JOHNSON TV SPECIAL

NBA superstar Magic Johnson appears in a "Nickelodeon Special Edition" to address HIV and AIDS-related issues that concern kids. The half-hour program, moderated by Linda Ellerbee, features an unscripted conversation between Magic and a group of kids, aged 8-14. The young people, chosen from local schools, ask Johnson questions about HIV, AIDS and the emotional challenges the illness poses to himself, his friends and his family.

The episodes of the "Nickelodeon Special Edition: A Conversation with Magic" air as part of the Nickelodeon's Cable in the Classroom. Educators may tape these programs and keep for up to six months. The dates for the special are: May 11, May 12, May 13, May 18, May 19 and May 20. Please check local listings for air times.

MONTANA AND HIV IN THE 90S: SHARING THE CHALLENGE

A conference for Montana's HIV/AIDS health, prevention and education network will be held May 27-29, 1992, on the Montana State University (MSU) campus in Bozeman. The conference will feature Martin Delaney, Executive Director of Project Inform, San Francisco, sharing the latest developments in treatments of HIV; Robert Runnels, DDS, Director of Dental Infection Control, addressing the impact of HIV on health care providers and their patients, and share his investigations in the Kimberly Bergalis case; and Dr. Elizabeth Harmon of Fort

Meyers, Florida, focusing on HIV/AIDS education in rural areas and the issues therein.

The conference will include Montana-specific organizations, issues and achievements, and will provide several panels and workshops comprising families affected by HIV, persons infected with HIV, women, teens, Native Americans and Hispanics.

Registration for the conference is \$45 for the full conference and \$25 for a single day of attendance. For more information about the conference, please contact: MSU, Office of Continuing Education for the Health Professional, 318 Montana Hall, Bozeman, MT 59717 or call (406)994-4930.

RESOURCE MATERIALS REVIEW

Each issue of the *Communique* includes a section on resource materials that have been reviewed by a Montana educator and will contain a short synopsis on the materials. The materials are valuable to Montana administrators, educators and school nurses for use in HIV/AIDS education and in comprehensive school health education. This issue's reviews:

THE ROLE OF THE HEALTH EDUCATOR IN DEVELOPMENT OF SELF-ESTEEM, Sandra S. Mull, *Journal of Health Education*, November/December 1991, Vol. 22, No. 6, 349-351.

Many of our nation's children are beyond being "at risk." They are coping with life in a dysfunctional manner which leads to antisocial and destructive behaviors. When health educators are teaching children and adolescents about HIV/AIDS, we may question if what they have learned will influence behaviors enough to make positive choices possible. The author encourages health educators to take the lead in the important work of developing high self-esteem as a primary means of promoting healthy lifestyles for our nation's children. Teaching children how to be assertive is also necessary. The author includes several good examples of exercises and activities which promote these two goals.

SETTING UP A SCHOOL-BASED SEXUAL EDUCATION PROGRAM TO HELP PREVENT AIDS AND OTHER SEXUALLY TRANSMITTED DISEASES, Susan M. Gruen, R.N.C., M.P.H., Eileen Hayes, R.N.C., M.S., Rosemary Fritsch-deBruyn, R.N., Ed. D., C.N.A.A., *Nurse Practitioner*, August 1991, Vol. 16, No. 8, 47-51.

Many of us who do HIV/AIDS training for teachers and administrators also teach students about HIV/AIDS. This article discusses a program set up by nurse practitioners working with public schools to reach all seventh through twelfth grade students in their community. These nurses noticed significant increases in cases of sexually transmitted diseases among their teen clients. The article gives excellent examples of community cooperation in coordinating efforts of schools, agencies and parents. Strategies and techniques for involving students in the development of the programs are also discussed. The article reinforces what we are doing in Montana; it offers new ideas as well.

HOW TO MAKE DISTRICT HIV TRAINING MOST EFFECTIVE

From the *Personnel Journal*, January 1992:

- ✓ **Decide that HIV/AIDS training will be an ongoing process, not an event.** If a solemn memo from a superintendent announces that all employees must report to an HIV training session, employees may find many creative reasons for missing the meeting. Make it a process by first distributing copies of the district's communicable disease/HIV policy and HIV/AIDS education policy; passing out education about HIV infection; printing facts about the disease in the school newsletter; and posting helpful articles.
- ✓ **Incorporate HIV and AIDS into other human resources training.** For example, when you talk about disability benefits in employee orientation, say "And if an employee is disabled by an accident or by HIV disease..." Make it ordinary.
- ✓ **Provide information updates from reliable sources.** This is a world in which rumor and mythology reign, and schools, churches and communities are silent. Put up an AIDS information poster and leave it up until it starts to fall off the wall—just as with other safety posters.
- ✓ **Offer annual information updates by a qualified teacher or regional trainer.** Warning: the best person may not be the community medical person, and not everyone is comfortable discussing human sexuality with co-workers. Contact the regional trainer in your area or the Office of Public Instruction's HIV/AIDS Education Program.

- ✓ **In short, normalize, normalize, normalize.**

ROCKY MOUNTAIN RENDEZVOUS

The Rocky Mountain Rendezvous: Wellness in the Wilderness, a conference to promote personal health and wellness will be held at Rock Creek Resort, Red Lodge, from June 28-July 1, 1992. The conference provides opportunities for participants to be involved in positive, personal health experiences. Presentations and workshops will emphasize awareness of personal and professional lifestyle practices which promote or prohibit wellness.

Rock Creek Lodge lies in the heart of the Beartooth Mountains, near Yellowstone Park. The resort offers a variety of recreational activities—tennis, hiking, swimming, biking, golfing and horseback riding.

Conference admission is limited to the first 120 paid registrants. The registration deadline is June 7. The conference fee of \$110 includes all conference materials, daily breakfasts, lunch on Monday and Tuesday, and a Monday night barbecue.

Eastern Montana College will offer one graduate semester P/W credit. The \$60 fee for credit is not included in the registration fee. The Office of Public Instruction is offering certification renewal credits (1.5 credits). Attendance for entire conference is required.

For more information, contact: Conference Coordinator, Professional Development Center, 130 Mitchell Building, Helena, MT 59620.

The OPI HIV/AIDS Education Program hopes your summer is a healthy and safe one!

MONTANA RESIDENT & NON-RESIDENT AIDS CASES*

1. Disease Category	Adult/Adolescent				Pediatric				Total			
	Cases	(%)	Deaths	(%)	Cases	(%)	Deaths	(%)	Cases	(%)	Deaths	(%)
PCP	49	(41)	40	(83)	1	(50)	1	(100)	50	(41)	41	(82)
Other Disease w/o PCP	68	(57)	45	(66)	1	(50)	0	(0)	69	(57)	45	(65)
KS Alone	3	(2)	0	(0)	0	(0)	0	(0)	3	(2)	0	(0)
No Diseases Listed	0	(0)	0	(0)	0	(0)	0	(0)	0	(0)	0	(0)
TOTAL	120	(100)	85	(71)	2	(100)	1	(100)	122	(100)	86	(71)

2. Age	Cases (%)		3. Race/Ethnicity	Adult/Adolescent		Pediatric		Total	
	Cases	(%)		Cases	(%)	Cases	(%)	Cases	(%)
Under 13	2	(2)	White, not hispanic	107	(89)	0	(0)	107	(87)
13-19	2	(2)	Black, not hispanic	2	(2)	0	(0)	2	(2)
20-29	33	(26)	Hispanic	4	(3)	0	(0)	4	(4)
30-39	51	(42)	Native American	7	(6)	2	(100)	9	(7)
40-49	24	(20)	Unknown	0	(0)	0	(0)	0	(0)
Over 49	10	(8)							
Unknown	0	(0)							
TOTAL	122	(100)	TOTAL	120	(100)	2	(100)	122	(100)

Exposure Category	Adult/Adolescent		Pediatric		Total	
	Males (%)	Females (%)	Males (%)	Females (%)	Total (%)	Total (%)
Homosexual or Bisexual Men	72	(66)	0	(0)	72	(60)
Intravenous (IV) Drug User	12	(11)	1	(8)	13	(11)
Homo/Bi IV Drug User	13	(12)	0	(0)	13	(11)
Hemophilic	5	(5)	0	(0)	5	(4)
Heterosexual Contact	0	(0)	7	(59)	7	(6)
Transfusion with blood/products	1	(1)	3	(25)	3	(3)
None of the above/other	5	(5)	1	(8)	6	(5)
TOTAL	108	(100)	12	(100)	120	(100)

	Pediatric		Total	
	Males (%)	Females (%)	Total (%)	Total (%)
Hemophilic	0	(0)	0	(0)
Parent at risk/has AIDS/HIV	1	(100)	1	(100)
Transfusion with blood/products	0	(0)	0	(0)
None of the above/other	0	(0)	0	(0)
TOTAL	1	(100)	2	(100)

Source: Montana AIDS/STD Program, MDHES, through March 31, 1992.

*Includes 90 Montana AIDS cases and 30 cases reported to Centers for Disease Control from other states and who have moved to Montana.

As of February 4, 1992, there have been 345 cumulative positive HIV tests from 35,822 tests conducted through the MDHES Public Health Laboratory since 1985. Nationally, as of March 30, 1992, 218,301 cases of AIDS and 141,223 deaths have been reported to the Centers for Disease Control.

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